## Making a Difference CONTINUED

Enthusiasm is at the heart of any positive change in the world. Each of us have something to offer to uplift the spirit of others, whether through achieving a lifelong goal that inspires children to make better choices, influencing friends to a healthier way of life, helping people heal themselves, creating a joyful workplace or home, or connecting more deeply with family, nature, or a cause. In all of its expressions, enthusiasm is a gift to be shared with the world. Enthusiasm, however you define it, is at the core of all success. Whether you're hoping to achieve a big dream, heal your body, find peace of mind, influence a client to choose your product, push for a promotion, derive more pleasure from your community or church, or have deeper committed relationships with those you love, enthusiasm can help.

~ MARY MARCDANTE Speaker, author of Living with Enthusiasm www.MaryMarcdante.com

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has.

~ MARGARET MEAD

We can do no great things, only small things with great love.

~ MOTHER TERESA

Begin doing what you want to do now WE are not living in eternity. We have only his moment, sparkling like a star in our hand—and melting like a snowflake.

~ MARIE REYNON RAY